



YWCA CAMPS

Bergen & Hudson

Parent & Camper Orientation

eliminating racism
empowering women

ywca

Northern New Jersey



 Dumont, Hoboken, Mahwah, Weehawken

Our Mission



YWCA Northern New Jersey is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

About YWCA Northern New Jersey

Our YWCA has been serving the community since 1920 with programs that improve lives, inspire change, and create opportunities. We provide safe, welcoming places for women, girls, and families to learn, share, and grow; support women and girls on their paths to educational, career, and financial success; and advocate for women's rights and civil rights.

We are one of the area's largest provider of childcare services, a recognized leader in health and wellness programs, and operator of healingSPACE, Bergen County's only Sexual Violence Resource Center.

Welcome to our Summer Camp 2024



Welcome and thank you for choosing YW Summer Camps for your child's summer camp experience.

We are looking forward to another terrific summer with lots of fun, exciting activities and special events. Preparing for camp is very important which is why we try to make it easier for you.



Our Staff

Meet the Team



Administration

Daniela Pinto – Director of Youth Development

Akil Davis – Manager of School Age Program

Jafili Fernandez – Manager of Camp Programs

Mary Agnello – Registration

Jessi Isabel – Billing

YWCamp@Hoboken Directors:

Valeria Chavez

Samantha Gomez

Our experienced staff go through our YW training.

- First Aid/CPR training
- Background Checks
- National Child Abuse Registry

DANIELA:



AKIL:



MARY:



JESSI:



JAFILI:





Meet the Directors



Manager of Summer Camps:
Jafili Fernandez

Assistant Director:
Samantha Gomez

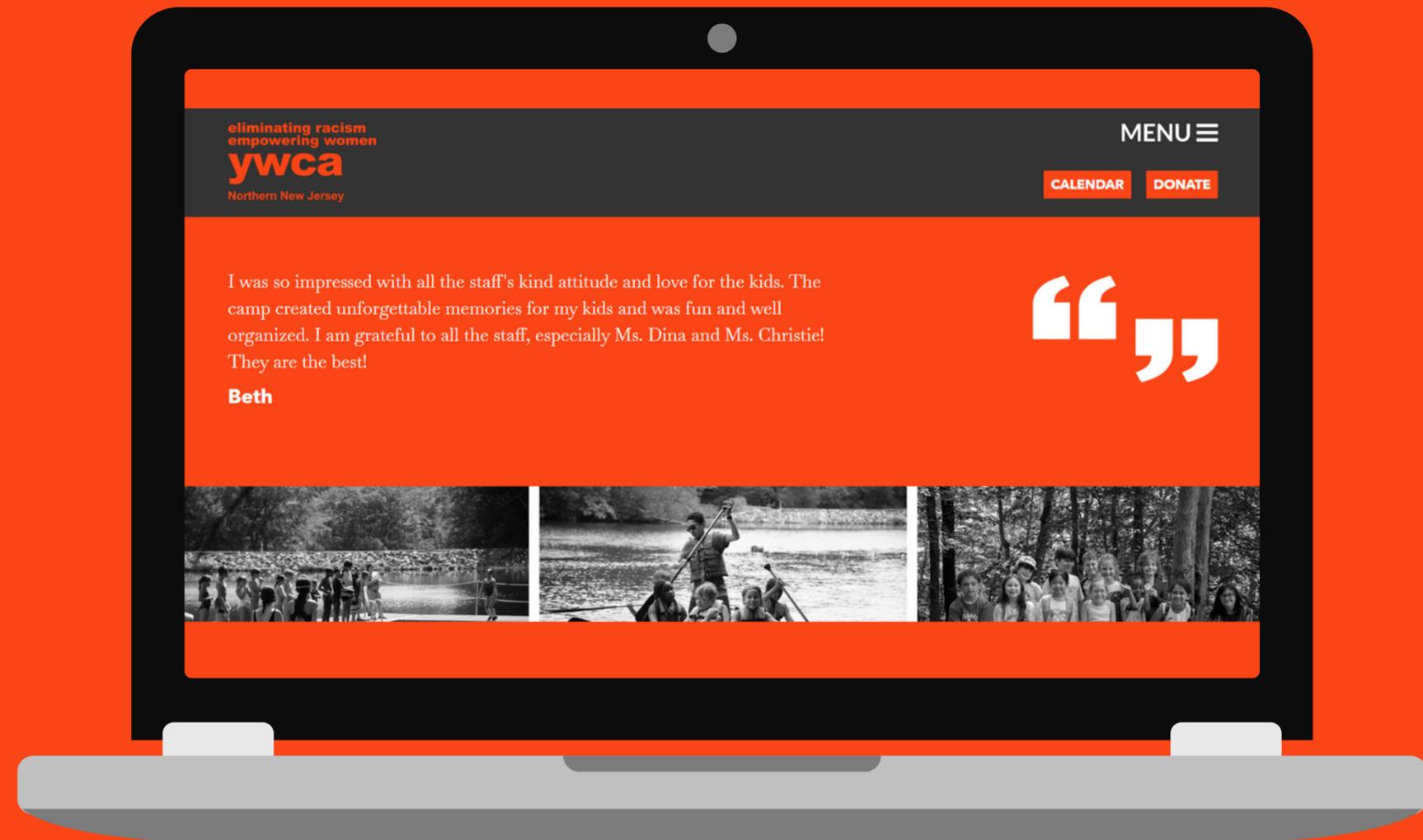
Director:
Valeria Chavez

*****THERE ARE ALSO SPECIALISTS AND YOUTH COUNSELORS ON SITE AND WILL BE INTRODUCED IN THE CAMP WELCOME LETTER.**

How to Apply To Our Camps?



- Visit our YWCA NNJ Website for all applications, medical forms, brochure and more!
- All applications and medical forms must be submitted to campregistration@ywcannj.org in order to be processed.
- **Registration Questions?** Contact: Mary at campregistration@ywcannj.org
- **Billing Questions?** Contact Jessi at sapbilling@ywcannj.org (Spanish speaker)



Groups & Staff

Separated by Age Groups



Group 1

(5- 6 years old)



Group 2

(7 years old)



Group 3

(8 years old)



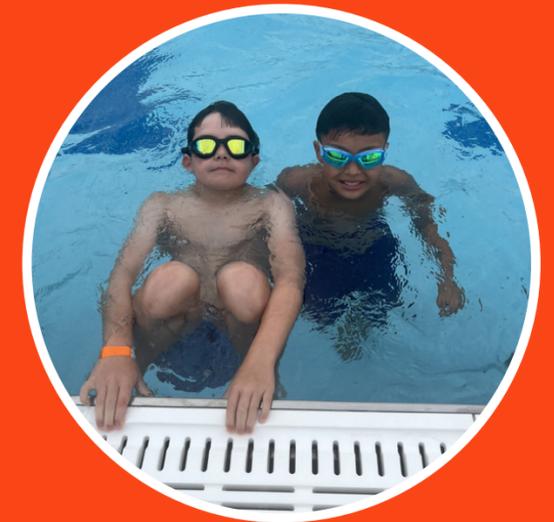
Group 4

(9-10 years old)



Group 5

(11-12 years old)



*Groups are subject to change due to enrollment.

*If you would like to pair campers with friends please add to registration paperwork. (Must be same grade level)

Ratios

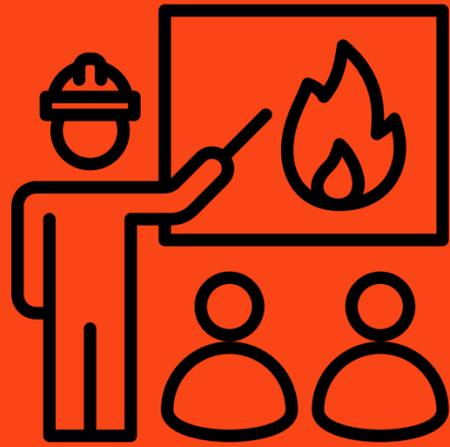
State Requirement



Staff to Camper
Ratio is 1:10

(Every group will have a minimum of 2
counselors)





Our #1 Priority is Safety

Emergency Procedures



YWCamp@Hoboken will follow the Hoboken School District fire, lockdown, and shelter in place procedures.

We will be conducting these drills throughout the summer. We will be partnering with the local police department to ensure proper safety for our children.

Ratios

Swim



Lifeguard to Camper
Ratio is 1:10





Swimming@Dumont

Swim lessons are held in the morning.

- Our Dumont campers swim off-site at the **Dumont Swim Club**.
- **Every Monday** - campers get tested so they are properly placed into their swim levels.
 - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.





Swimming@Hoboken

Swim lessons are held in the afternoon (12:45pm to 4:00pm).

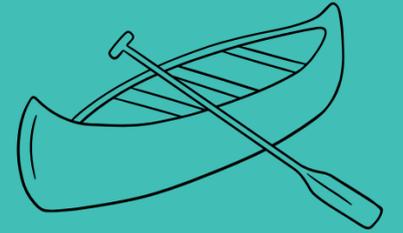
- Our Hoboken campers will **walk** to and from the **Hoboken High School** for their daily swim lessons.
- **Every Monday** – campers get tested so they are properly placed into their swim levels.
 - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.
- Campers will be using the locker rooms for changing and storing their personal belongings.





Swimming@Mahwah

Swim lessons are held in the afternoon.



Boating is held in the morning.



- Our Mahwah campers swim on-site at our **natural lake front.**
- **Every Monday** - campers get tested so they are properly placed into their swim levels.
 - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.



Swimming@Weehawken

Swim lessons are held in the morning.



- Our Weehawken campers swim off-site at the **Weehawken Waterfront Park**.
- **Every Monday** - campers get tested so they are properly placed into their swim levels.
 - No life vests PERMITTED during the test
- **Nervous swimmers?** Swimmers who would prefer to use life vest are more than welcome to.
- Swim lessons are conducted by the lifeguards and the classes are structured.



Hours of Operation

& Pre/Post Camp



8:30 AM TO 5:00 PM

PRE AND POST CAMP:

- Pre Camp: 7:30am to 8:30am
 - \$50 per week
- Post Camp: 5:00pm to 6:30pm
 - \$50 per week



During this time campers will be in the gym and will have a variety of activities available. Feel free to pack snacks for your child.



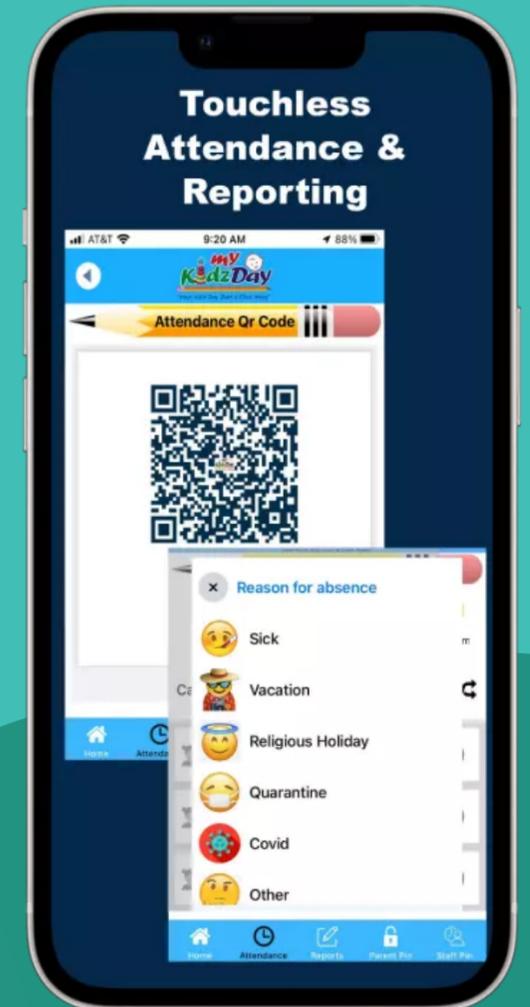
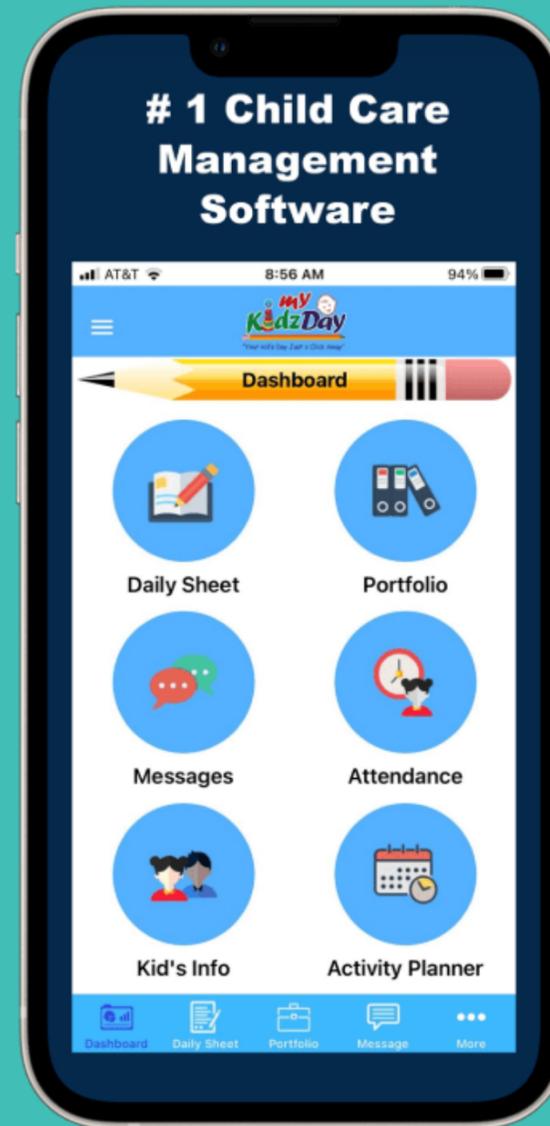
Sign In and Sign Out

We Use an App!

My Kidz Day App (Make sure to download the **MyKidzDay Parent App**)

Campers must be signed in and must be **SIGNED OUT** by an authorized pickup person.

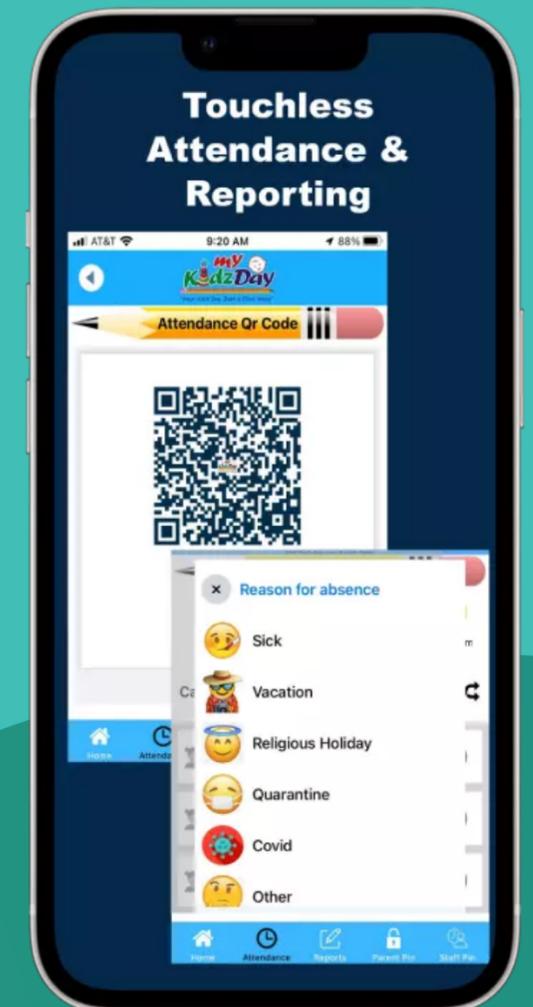
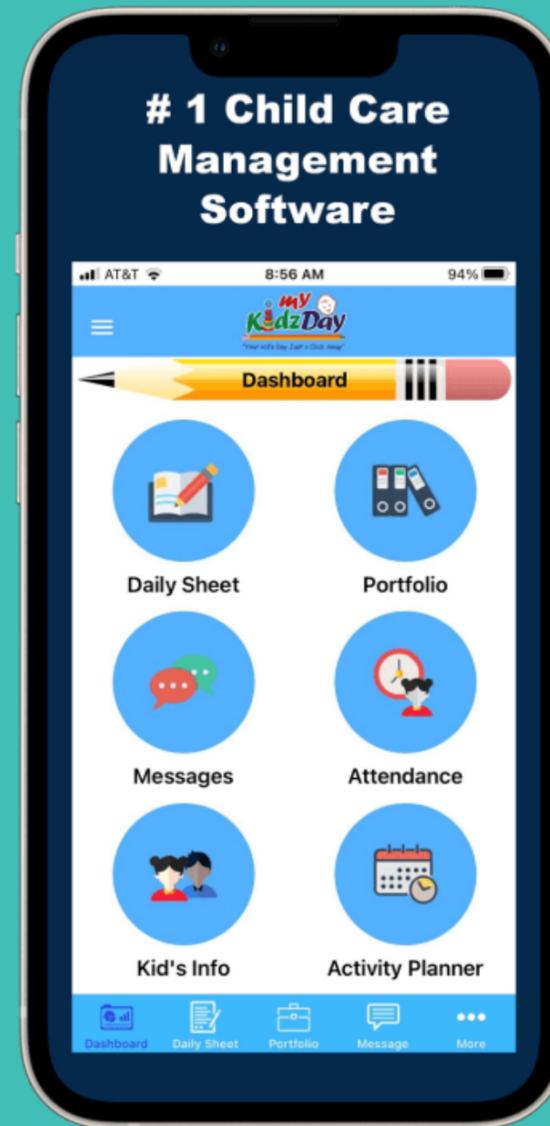
18 years old or older



Sign In and Sign Out

We Use an App!

- Please fill out you child's profile.
 - Allergies/Medical
 - Emergency Pick Up
 - Child's Photo
 - Additional Notes



Daily Sign-In and Daily Sign-Out *Arrival and Departures*

YWCA STAFF will be in the blacktop area. Once campers have been checked in and attendance has been taken, they will enter the building.

For the safety and security of your child, children are **NOT PERMITTED** to walk to and from camp. (Unless accompanied by an adult that is **18 or older**.)

Please review the Parent Handbook about our late dropoff and pick up policies.



ywcannj.org



Daily Sign In and Daily Sign Out

Arrival and Departures

At YWCA Camp@Mahwah



YWCA STAFF will be at each bus stop location. Once all campers have been checked in and attendance has been taken, they will then depart for camp. If a parent is running late and has missed the bus, they can drop-off their child at camp in an emergency situation only. Please review the Parent Handbook about our late drop-off and pick up policies.



What is considered a nut-free snack?

Lets Keep Our Friends Safe!

Avoids all nuts, nut products and traces, including peanuts (also known as groundnuts), cashews, walnuts, pecans, almonds, Brazil nuts, macadamia nuts, hazelnuts, pistachios and pine nuts.

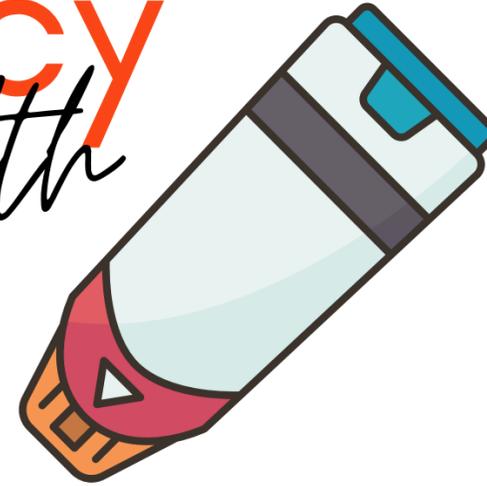
**We provide snack every
afternoon.**

Feel free to pack extra
snacks!



Medications Policy

First things First... Health



- * **MEDICAL FORMS**
- * **CAMP HEALTH RECORD**

(Universal Health Records are accepted)

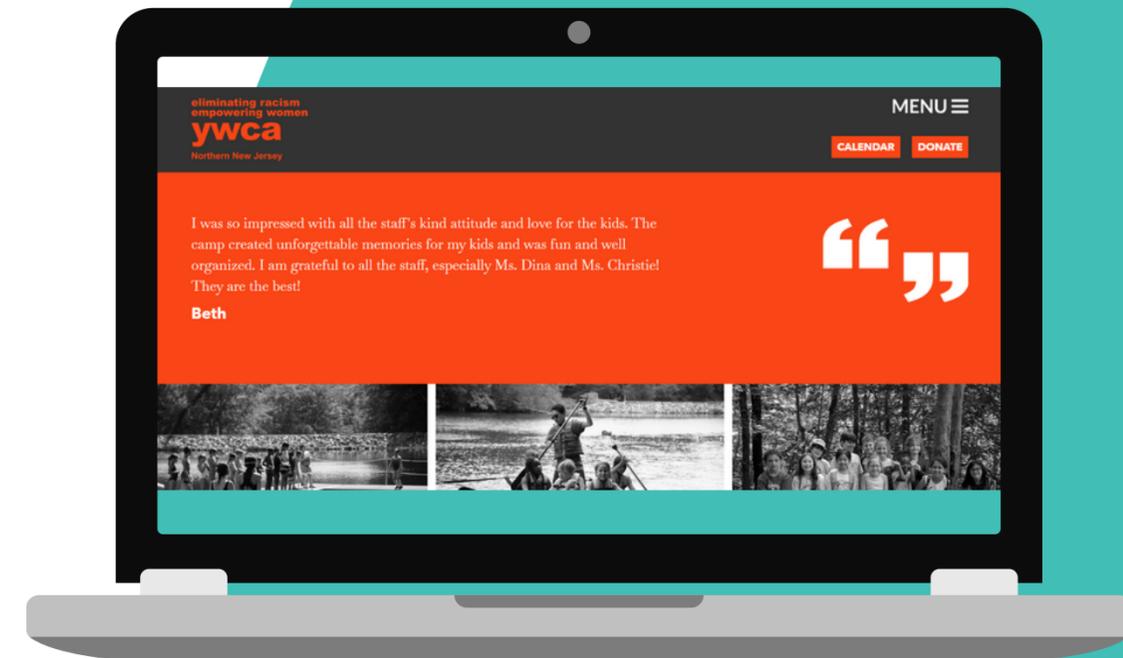
- * **PERMISSION TO ADMINISTER MEDICATION**

Action Plans Must be Provided with Medications
(Please make sure that the parent portion is signed.)

MUST SUBMIT MEDICAL FORMS WITH APPLICATION IN ORDER TO BE PROCESSED.



Visit our website for all Medical Form requirements





Bus Transportation at
YWCAMP@Mahwah,
YWCAMP@Dumont,
and
YWCAMP@Weehawken

Transportation

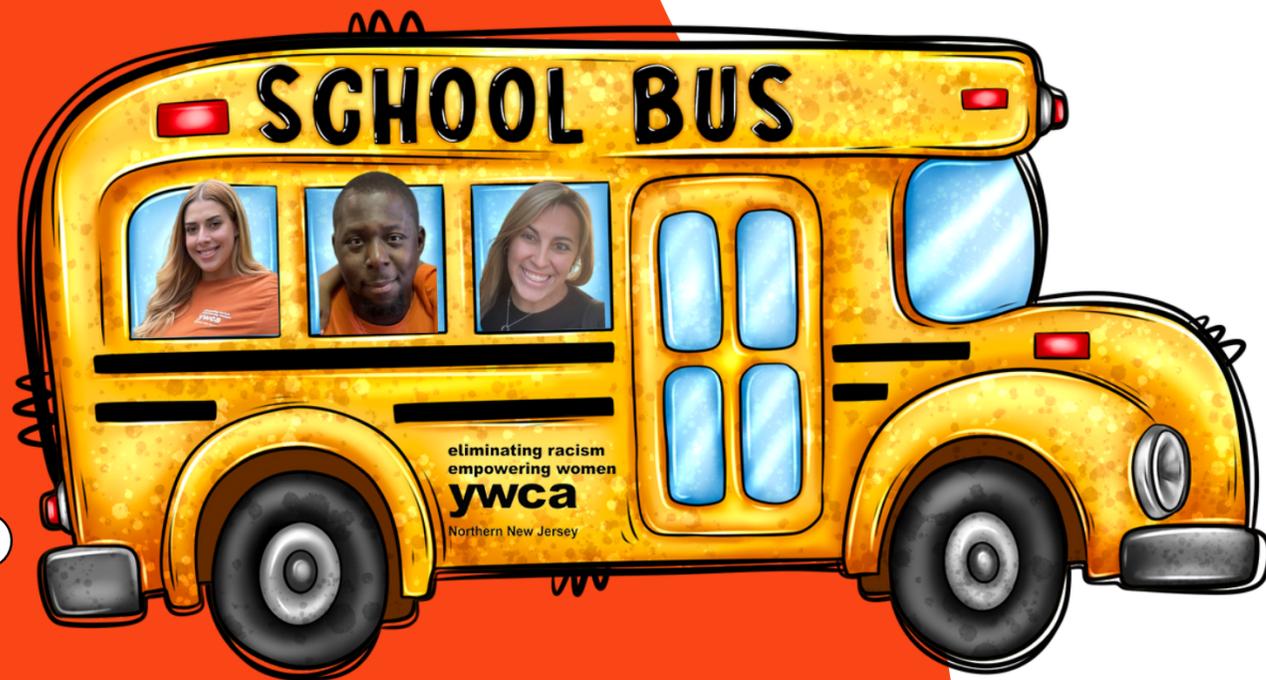
Our Bus Policy



Bus counselors will be on the bus with the campers at all times.



All campers and staff will need to follow all bus safety procedures and guidelines .

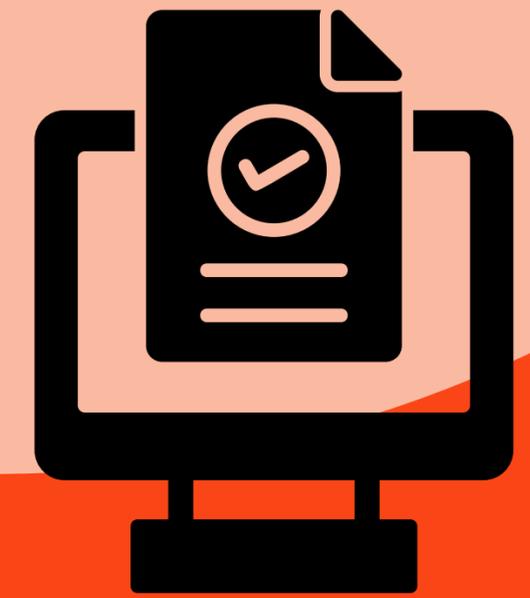


Seat belts will be checked and must stay on for the duration of the trip.



Please check your parent handbook for direct bus counselors' phones.

Billing & Registration *Policy*



CONTACT INFORMATION

Registration Questions:

Mary

Campregistration@ywcannj.org

Billing Questions:

Jessi

sapbilling@ywcannj.org

(*Spanish Translation)

How many weeks do I have to sign up for?

We are flexible!



You can pick and choose the weeks you would like your child to attend. There is no minimum, we are flexible!

- If you would like to **add additional weeks** during the camp season, please email campregistration@ywcannj.org. Children must be registered by the prior **WEDNESDAY** to start on the following week. Children registered on **Thursday will incur a \$50 late registration fee.** **Friday signups are not available.** **Space may be limited so make sure to sign up with enough time.**



WE HAVE AN EXCITING INCENTIVE FOR SUMMER 2024



EARLY BIRD SPECIAL – PROMO CODE EARLY24 – REGISTER AND PAY IN FULL FOR AT LEAST 4 WEEKS BY FEBRUARY 16TH AND RECEIVE A 10% DISCOUNT ON THOSE WEEKS. (RECEIVE 10% OFF THE FIRST 4 WEEKS ONLY) THIS CODE IS NOT APPLICABLE FOR PRE AND POST CAMP.

THIS PROMO CODE EXPIRES ON FRIDAY, FEBRUARY 16, 2024

1. Full payment is due upon enrollment. A confirmation receipt for payment will be sent via email.
2. \$25 service fee will be charged for withdrawals or changes and requires advance notification.

(All fees/tuitions are nonrefundable)

Additional Weeks:

If you would like to add additional weeks during the camp season, please email sapbilling@ywcannj.org.

Children must be registered by the prior

WEDNESDAY to start on the following week.

Children registered on Thursday will incur a \$50 late registration fee. Friday signups are not available



Billing & Registration
Policies



Children not picked up by scheduled pickup time will be subject to the following:

Late Pick Up Policy

- 1st late pickup - no late fee but email sent to document the occurrence
- 2nd late pickup - \$25 late fee letter sent out reminding parents of our policy
- 3rd late pickup - \$50 late fee letter sent out reminding parents of our policy
- 4th late pickup - \$100 fee suspended from program for the next scheduled day
- 5th late pickup - immediate removal from program

Tuition credit is not given for absence due to illness, vacation or removal from program.

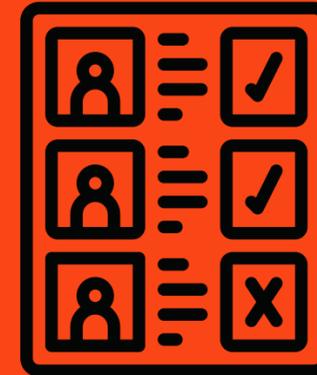


YWCANZ
Billing & Registration Policy



Enrollment *Changes*

- Registration, and weekly fees are **non-refundable**. There is a \$25 processing fee for changes. There will be a \$35 service charge if payments are not honored from your credit card or account on file.
- We do not issue credits or refunds for sickness or closings due to inclement weather.



If you would like to add additional weeks during the camp season, please email campregistration@ywcannj.org. Children must be registered by the prior **WEDNESDAY** to start on the following week. Children registered on **Thursday will incur a \$50 late registration fee. Friday signups are not available.**

To withdraw from a program, contact campregistration@ywcannj.org.

All fees/weekly tuitions are non-refundable.



Billing & Registration
Policy

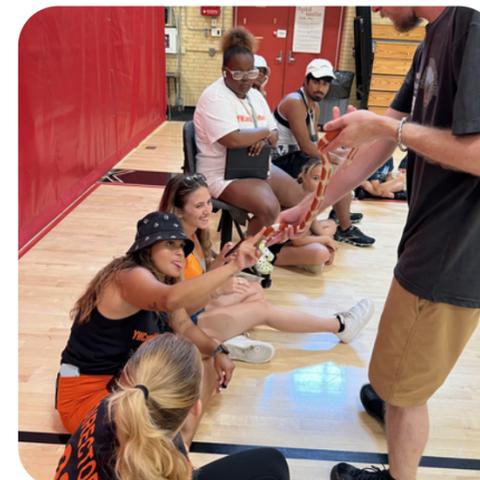
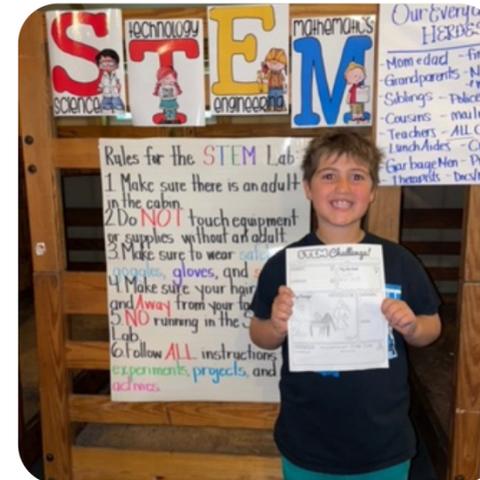


Camp Daily Overview

What does a camp day look like?



- Monday – Friday
- 8:30 – 5:00
- Rotation of activities from 9:00– 4:30
- Art & Crafts
- STEM
- Sports
- Music
- Swimming (Afternoon at Hoboken)
- Yoga
- Boating (Mahwah only)
- Archery (Mahwah only)





MORNING SCHEDULE:

GROUP 1

GROUP 2

GROUP 3

GROUP 4

GROUP 5

8:30-8:45

Drop Off and Attendance

8:45-9:00

Camp Morning Meeting

9:05-9:45

STEM

ART

MUSIC

SPORTS

YOGA

9:50-10:35

YOGA

STEM

ART

MUSIC

SPORTS

10:40-11:20

SPORTS

YOGA

STEM

ART

MUSIC

11:25-11:55

MUSIC

SPORTS

YOGA

STEM

ARTS

12:00-12:45

FUEL TIME: LUNCH

SUBJECT TO CHANGE



AFTERNOON SCHEDULE:

GROUP 1

GROUP 2

GROUP 3

GROUP 4

GROUP 5

12:45-1:25

Walk to Swim 12:45-1:00

SPORTS

YOGA

STEM

1:30-2:00

Swim 1:00-2:00

GYM/BLACKTOP 1:30-2:00

2:00-2:15

Walk back to Camp

Walk to Swim 2:00-2:15

2:20-3:35

Playground/Blacktop 2:20-3:35

Swim 2:15-3:15

Walk to Swim 2:00-2:15

3:45-4:25

ART

MUSIC

GYM/BLACKTOP 3:35-4:20

4:30-4:50

Snack Time!

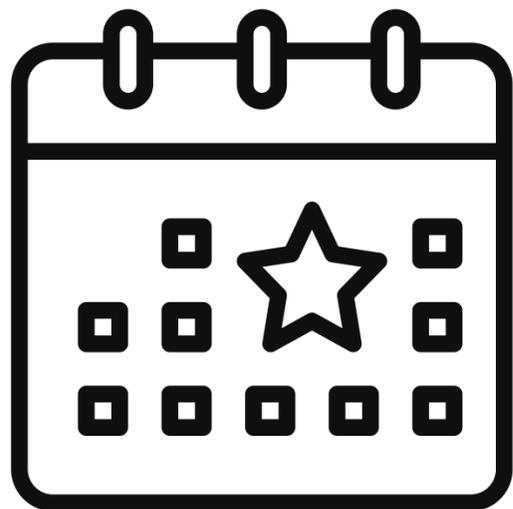
4:50-5:00

Dismissal

SUBJECT TO CHANGE

Camp Calendar

Our Special Events



eliminating racism
empowering women
ywca

Northern New Jersey

YWCANNJ Camps

Summer 2024

Weeks:	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Wild Wild West	Welcome to Camp!	RODEO Day	Bandanna Day	National Bomb Pop Day: Ice Cream Social	GOLD RUSH FRIDAY
Week 2 Stars & Stripes	Star Wars Day	Red White & Blue Day	COMMUNITY HERO DAY	CAMP CLOSED 4th July	CAMP CLOSED
Week 3 Around the Globe	International Day	Wear your Colors	International Olympics Dragon Festival	International Olympics Bollywood Music Festival	OLYMPICS: THE FINALS Passport to Camp!
Week 4 Rising Stars	TALENT SHOW PREP	Glow-tastic Dance Party	Dress Rehearsal	A YWCANNJ Talent Show ON AIR	Group Songfest
Week 5 Into the Wild	LEAP FROG CHALLENGE	Save the Earth Day	WATER CYCLE Project & RUBBER DUCKY Surprise	Rizzo's Wildlife World	A YWCANNJ COOKOUT BBQ
Week 6 Wellness	Campers Helping Camper	A Secret Healthy Snack	Mindfulness Wednesday	Affirmation Planting	MAKING MOVEMENT FUN
Week 7 Spirit	Crazy Hat Day!	Mismatch Day	NATIONAL SMORES DAY SUPER HERO DRESS UP DAY	HALLOWEEN-DAY	A CARNIVAL SPECIAL WEAR YOUR CAMP SHIRTS
Week 8 Spark your Mind <small>*Only at Weehawken, Hoboken & Mahwah</small>	Rock Your Kecks	COOKIE CREATIONS	JERSEY DAY!	DESIGN YOUR OWN OUTFIT FOR YOUR PET	Lego Building Challenge
Week 9 Exploration <small>*Only at Mahwah</small>	MR. MIKE'S CAMP SCAVENGER HUNT	WILD STAMPED DRESS UP DAY	Out of this World Space Exploration	Make some nature art!	Last Camp Nature Hike as a family

Manager of Camps:
Jafili Fernandez

jfernandez@ywcannj.org
201-345-4616



WATER GAMES



BEE WORKSHOP



BUBBLE PARTY



BOUNCY HOUSES

Exciting Camp Activities

We are here to engage all learners



BOLLYWOOD MUSIC FESTIVAL



SWIM RELAYS



PLANT AFFIRMATIONS



RAISING BUTTERFLIES

- PLEASE LABEL all children's belongings
- Towel(s)
- 1 bathing suit
- Plastic bag to store wet bathing suit
- Sneakers/Closed-toe sandals
- A refillable water bottle.
- Sunscreen (spray bottles preferred)
- Lunch in an insulated bag
- Bug spray-suggested
- Extra change of clothes-suggested
- Swim goggles-suggested
- Swim shoes-suggested for Mahwah campers (for lake/boating)

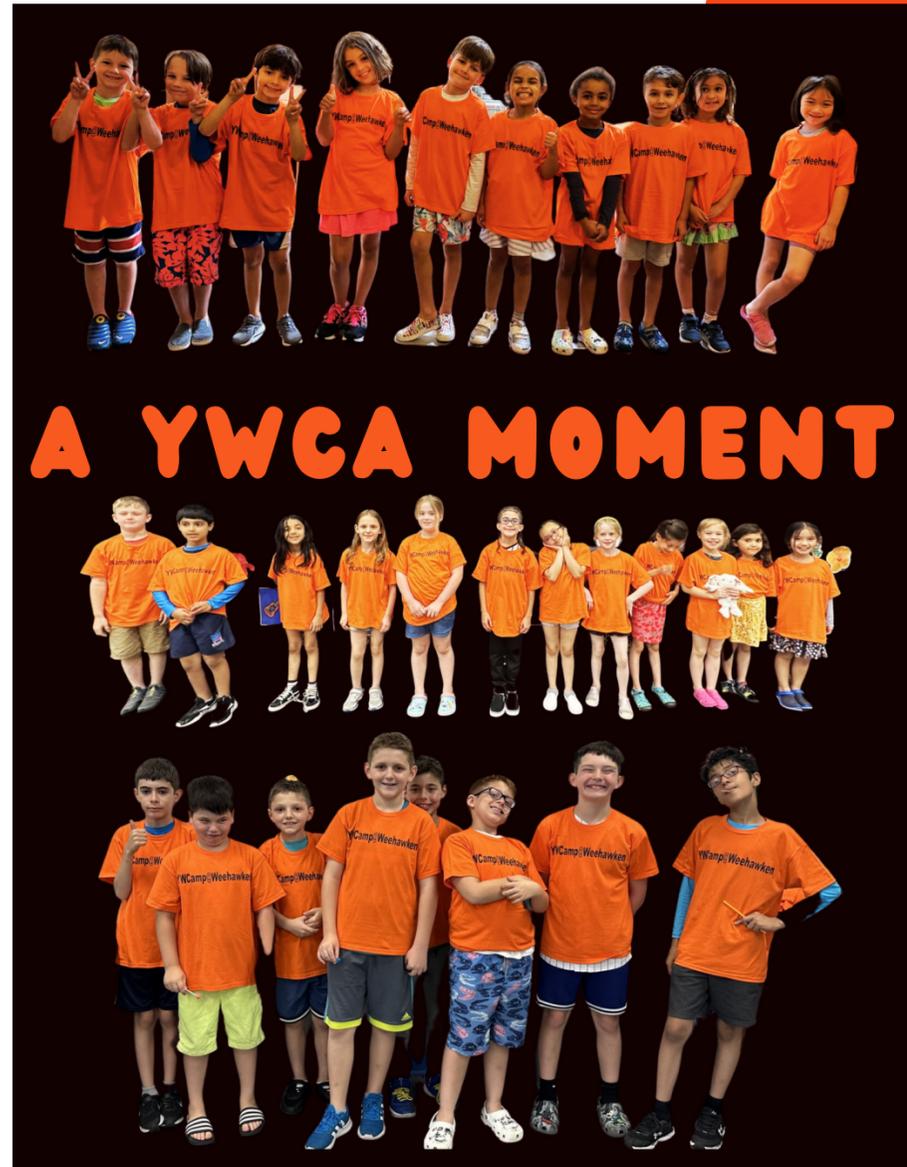
Pack List

What to bring in your bag?





What should campers wear each day?



- Wear your camp shirt Mondays and on special events!
- Comfortable and breathable clothing.
- Sneakers or closed-toe shoes.

*In some locations there is AC please provide a light jacket if you know your child gets cold.



Technology *Policy*



Digital technology has increased the potential for images to be misused, inevitably causing concerns about the risks to which children and young people may be exposed. Our staff are well trained in these matters and are aware that failure to follow any of these policies could result in disciplinary action up to and including termination of employment.

The use of television, computers, and other video equipment in a group setting shall be limited to educational and instructional use, shall be age and developmentally appropriate, and shall not be used as a substitute for planned activities or for passive viewing.

***If parents need to check up/updates on their child they can use the camp phone number or the MyKidzDay app during camp hours.**

***YouTube/ Video games /any use of social media are PROHIBITED.**

***CELL PHONE, AIR PODS, SMART WATCHES USE IS NOT PERMITTED.**



Lunch / Snack

Lets Fuel Up!



Cheddar Up

***Lunch Period will
be at 12pm**



Online ordering for Pizza,
links will be sent out
weekly and must be
submitted by every
Wednesday.

Cheddar Up
Pizza Fridays



- Pack lunches and snacks
- We are a NUT- Free Environment
- We provide snack every afternoon





Camper Disciplinary *Actions*



Listen to
your camp
counselors



Never leave
your
campsite



Be a good
listener



Be a friend
NOT a bully



Always have
your
thinking cap
on



Make safe
choices



Help clean
everywhere
you go



HAVE
FUN!



YWCAMP@Mahwah Camp Open Houses



Saturday, March 9th @ Mahwah

○ 10:00 am - 1:00pm

Saturday, April 13th @ Mahwah

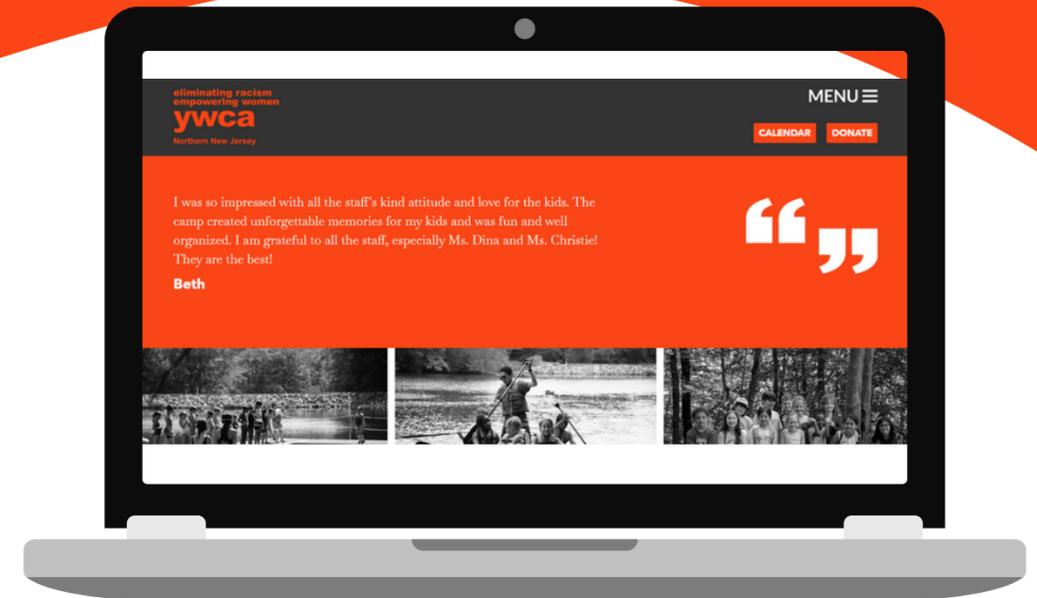
○ 10:00 am - 1:00pm

Saturday, May 13th @ Mahwah

○ 10:00 am - 1:00pm



To Register for a Mahwah
Camp Tour Email :
campregistration@ywcannj.org





YOUTHFUL SPIRITS
WELCOMING CHALLENGES
CREATING MEMORIES AND CREATING CHANGE
ADVENTURES UNFOLDING
MAINAINING A SAFE ATMOSPHERE
PLEDGING FRIENDSHIPS AND LIFELONG BONDS
SHOOTING FOR THE STARS





Check Out Our Website
The Resource Tab



YWCANNJ.ORG



Under the Resources Tab you can find

- Parent Handbook
- Frequently Asked Questions
- Aquatics Frequently Asked Questions
- 2024 Camp Calendar

